

Be Cheerful

Ankit was very excited. His class was asked to present a play during forth-coming Annual Day Celebrations. The best play will get a trophy.



He wanted to play a role in the play. At home, he told his mother, "I am sure I will get a role. I will learn my lines." He used to make many plans about his role that might be offered to him.

Ankit's mother feared that he might not be chosen to play a role in the play, he might be disappointed. One day, the teacher allotted roles to some students. But Ankit's name was not there.

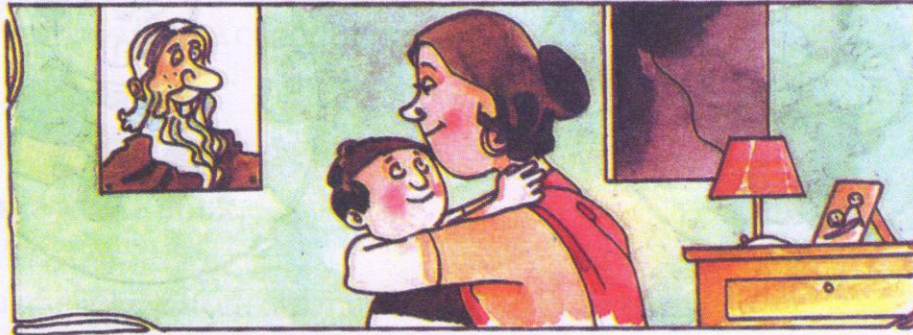
He started crying. The teacher asked, "Why are you crying?" Ankit replied, "Madam I wanted to do a role in the play." Madam said, "Yes, you also have a role."

The rest of the class has to clap and cheer. This will help your class to win. Ankit, we should always be cheerful in whatever we do." Ankit said, "Yes, Madam." In the afternoon when his mother came to pick him up after school, Ankit ran up to her, his eyes were shining with pride and excitement.



"Mother, I have got a role in the play," said Ankit. Mother asked, "What is the role Ankit?" "I have been chosen to clap and cheer. Don't you feel, those who clap and cheer also act in the play," Ankit replied cheerfully.

Mother said hugging him, "Yes" and she was happy to see her son content and cheerful in whatever role he has got.



Cheerfulness in all situations makes life easy and beautiful.

A. Answer the questions.

1. Why was Ankit excited?

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2. Why did he cry?

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3. What was the role given to him?

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4. What made his mother happy?

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B. Write five things which you do to make others happy.

1.

2.

3.

4.

5.

C. See these expression of moods. Try to identify them and discuss what can be the reasons of the particular mood.



D. Write 'Yes' or 'No'.

1. If you don't get a prize in a competition, you start crying.
2. Your mother does not give money for chocolates, you feel sad.
3. You don't win the match but you remain in cheerful mood.
4. One should howl if one does not get the things required.
5. Everyone likes a cheerful person.

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Activity

Prepare a Joke Book.

1. Take a copy.
2. Cut the jokers from old magazines and newspapers.
3. Paste them in the copy.
4. You can paste the comic strips also.
5. Your Joke Book is ready. Whenever someone is in a sad mood you can ask him/her to read the jokes and bring him to cheerful mood.

Points to Ponder

- * A cheerful person enjoys his work.
- * Cheerful person never feels defeated in life as hard work becomes easy for him.
- * Cheerfulness is a great virtue. It is an expression of happiness.
- * Cheerfulness is must for healthy physical and mental development.
- * Everyone likes a cheerful person.
- * We should also try to make others happy.